

Sandusky County 4-H 2015 Camp Newsletter

Your registration for the Sandusky County's 2015 4-H Camp has been received. We are pleased that you have decided to attend camp. We hope you are as excited as we are about our five days on Kelleys Island. There are many fun activities planned, and we can not wait to share them with our campers.

This newsletter is a 4-H Camp Information Packet. We hope the material included in this newsletter will aid you and your parents in preparing for a fun-filled time at camp. Included in the newsletter is information on programs, directions, emergency numbers, packing lists, health forms and much more.

Please read the articles carefully. It is all very important information. Pay special attention to due dates and time schedules for drop off and pick up at the ferry.

We look forward to seeing you June 26th, and hope the information in this packet will answer your questions and concerns. If you need clarification or have any unanswered questions, feel free to call our office, at 419-334-6340. Have a great summer and we will see you soon!

Sincerely,

Gwen Soule
Extension Educator
4-H Youth Development



Arrrrrrr 4-H Camp...



You'll Treasure it Forever!

Thank You to our Sponsors/Donors

- Sandusky Co. 4-H Advisory Committee
- United Way of Sandusky County
- Clyde Young Farmers
- Townsend Ruritan

Table of Contents

Emergency Number & Health Concerns	2
Ferry Info Check In, & Pickup	2
Packing For Camp	3
Preparing and What to Expect	4

Friday, June 26 through

Tuesday, June 30

Kelleys Island, Ohio



THE OHIO STATE UNIVERSITY

COLLEGE OF FOOD, AGRICULTURAL,
AND ENVIRONMENTAL SCIENCES

Ohio State University Extension Sandusky County

2000 Countryside Drive, Suite D Fremont, OH 43420

419-334-6340 Phone 419-334-6344 Fax sandusky.osu.edu

Hours: Monday—Thursday 8:00am-4:30pm



Health Forms & Concerns

Health forms were mailed with camper registration forms and should have already been turned in with your child's registration.

If you need to make any changes to your child's form (new medication or other important information), please do so **in writing** and it will be attached to your child's form.

Medications:

Any physician-prescribed or over-the-counter medicine, which is brought to camp, will be turned over to the camp health director on Friday at camp check in. Please do not pack this in your child's luggage.

All bottles must be labeled with camper name, name of medicine, how medicine is to be distributed by nurse and doctor's name if prescribed.

If your child is used to taking medication at home or school, please do not use camp as a time to "take a break" from it. Campers have many new experiences at camp and they need to feel their best to do so.

Check In at Ferry

Will include:

- ◇ Drop off your **luggage**.
- ◇ Get your name tag and cabin assignment.
- ◇ Turn in any **medication** to camp health director
- ◇ Meet your counselors and cabin mates.

Pick Up at Ferry

- ◇ **Campers will remain** with their counselors until **all** luggage is unloaded.
- ◇ **Check - out** with your child's counselor. You will need to sign a camper check-out form before leaving with your child.

Camp Emergency Number



In the case of an emergency, you can contact the camp staff by calling (419)746-2794. Again, this is **only** for emergencies.

Likewise, campers will not have access to a phone. Outgoing calls will only be placed for serious reasons with approval from the camp director. **Cell phones are not permitted at camp.**

Finding the Dock

We will be departing from **Kelleys Island Ferry Boat Lines**, on Friday, June 26. Please come to the dock between 12:15pm and 12:30pm. The campers will begin boarding the ferry at 12:45pm.

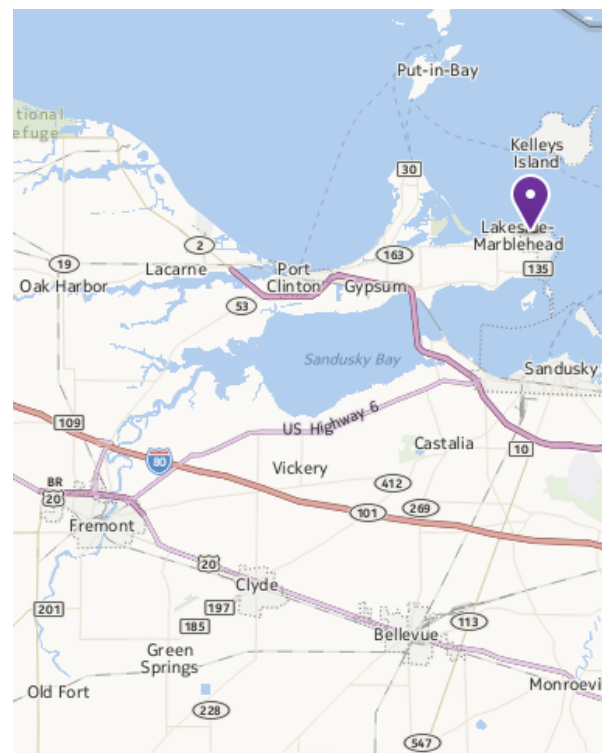
Please feed your child lunch before coming. We will be arriving after lunch this year.

We will be returning on Tuesday, June 30th at 11:00 am. Again, we will be coming in at Kelleys Island Ferry Boat Lines. The ferry line keeps to a tight schedule. **Please be there on time to pick up your child.**

The map on the right and the directions below explain how to get to our departure and arrival point.

To Marblehead: Exit Rt. 2 at 269 North. Take 269 N to Rt. 163. Turn right onto 163 East.

In Marblehead: The Kelleys Island Ferry Boat Lines is at 510 West Main Street across from Marblehead Police Department and Fire Station.



Packing List

Only one piece of luggage per camper

(plus sleeping bag / bedding)

- ◇ Sleeping Bag or 2 blankets and 1-2 sheets
- ◇ Pillow and Pillowcase
- ◇ Towels and washcloth
- ◇ Soap, comb / brush
- ◇ Toothbrush and toothpaste
- ◇ Insect Repellent
- ◇ Swimsuit and beach towel
- ◇ Raincoat (carry on ferry if raining)
- ◇ Jacket and sweatshirt
- ◇ Everyday sport/play clothes and sleepwear
- ◇ Flip flops to wear to the restroom *
- ◇ Two pairs of tennis or old shoes (One to wear, one to keep dry, one for beach activities.) *
- ◇ Bring socks to avoid blisters
- ◇ Flashlight
- ◇ Sunscreen

Please tie all luggage and sleeping bags very securely! Campers should have all bedding, including pillow, tied together or in a trash bag with their name on the outside.

Label all items with permanent ink and bring a list of all your things

OPTIONAL

- ◇ Pen, pencil, stationary, stamps
- ◇ Canteen Money**
- ◇ Theme oriented costumes and accessories
- ◇ Camera (at your own risk)

WHAT NOT TO BRING TO CAMP

- Expensive sports equipment, ipods, video games
- Cell phones
- Knives, fireworks, and tobacco
- Jewelry, expensive shoes and clothing
- No drinks are permitted in cabins

THREE THINGS YOU DON'T WANT TO FORGET

1. Insect Repellent
2. Sunscreen
3. Extra tennis shoes



* Notes On Shoes*

Tennis shoes are highly recommended for most activities. Bring at least two (preferably three) pairs of comfortable shoes such as running, walking, tennis, or cross training shoes. These shoes are required for most activities at camp for safety reasons. Campers should bring one pair of shoes for use while walking to and from the beach and to shower. These are the only occasions when a camper can wear flip-flops at camp. Campers are permitted to bring sandals (they must have a strap around the heel) to wear during some (but not all) camp activities. They may be brought if desired but not required.

Canteen Bank

We will operate a canteen bank where campers turn in their money on Friday at camp and will receive the balance on Tuesday morning. Canteen items can be purchased during evening program. Primary items available are snacks and drinks ranging from \$0.50-\$2.00 and souvenirs ranging in prices from \$7.00-\$20.00. We encourage you to keep spending money to a **minimum**. We recommend no more than \$25.00. It is very helpful to the 4-H Camp staff if campers bring **small bills** – we suggest no larger than a \$5 dollar bill.

Please **put all money in a sealed envelope** marked with your child's name. Pack this in their luggage (parents be sure your camper knows where this envelope is.)

Lost & Found

All **lost and found** articles left at 4-H Camp will be kept in the Extension office for 2 weeks after camp. After 2 weeks, items will be donated to the needy. It helps us return items if you put the camper's name on each item! (clothing, towels, etc.)

Please check the lost and found on Tuesday morning!

A Typical Camp Day

7:30 am Rise and Shine!!

8:15 am Flag Raising

8:30 am Breakfast

9:15 am Cabin & Camp Clean-Up

9:45 am Activity Sessions

10:45 am Activity Sessions

11:45 am Cabin Time

12:30 pm Lunch

1:30 pm Group Activities

2:45 pm Swim & Beach Activities

4:00pm Cabin Sessions

5:00 pm Group Meetings

6:00 pm Dinner

7:00 pm Organized Free Time

7:30 pm Flag Lowering

8:15 pm Evening Programs

9:30 pm Campfire & Vespers

11:00 pm Lights Out!!



Activity Sessions

Campers have the opportunity to choose a number of their own sessions when they register. Other camp activities include: Large group games, swimming & beach games, team challenge, camp songs, evening dances, campfires, and more.

Preparing For Camp

- Talk with other parents and friends about their **experience**. Introduce the child to others who have been to camp or who will attend camp.
- Parents should talk with campers about the importance of **cleanliness** & wearing **sunscreen**.
- **Prepare** the child to care for his/herself. Have them practice camp skills at home: choosing their clothing, making their bed, setting the table, staying with a friend for a weekend.
- While at 4-H Camp, campers will be learning to live in a **group atmosphere**. They will be expected to assist with clean-up chores such as sweeping, washing off tables, and trash pick-up. It is also expected of campers to keep their own belongings and bunk neat and tidy.
- **Problem-solve** with the child. Discuss ‘what if ... You lost your shoes at camp? You didn’t feel well? You didn’t remember where to go?’
- Talk about how to cope with **missing home**. Pack a family picture. Feeling lonesome is okay. Talk about having fun too!
- Prepare yourself (the parent) for **separation**. You may have mixed feelings when you actually leave. Camp is a positive experience for your child.
- **Avoid** statements like “If you don’t like camp you can come home.” Children who are experiencing difficulties adjusting to camp may compound their problem by not giving it a fair chance. Often they will close their minds to adapting to camp, and focus immediately upon going home.

Camp Mail & Email

Kelleys Island gets its mail by boat causing a slight delay in mail time. Plan on mailing the letters **by Friday, June 19**. If you write “**Sandusky County**” on the envelope, the camp staff will hold it until our campers arrive.

Camp Address:

Name of Camper
4-H Camp- **Sandusky County**
403 Ward Rd
Kelleys Island, OH 43438



FREE Camper Email can be sent to sanduskycounty4hcamp@yahoo.com

Send emails to the email address listed above before Monday at 5pm (“Last Call” for Mail). Please put your camper’s full name in the subject line. Emails are printed and given to campers. Animation and web links cannot be seen on their copy. No attachments. Please note Email is “one-way.” Campers do not have access to a computer to reply.